

Books and Authors 2022

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- Cover current events from the past 18 months only, up to the date of the exam. For periodic events, such as the Budget, Economic Survey, Nobel Prize, or Tournaments, refer to only the latest ones. For instance, for an April 2023 exam, study the 2023 budget, not the 2022 budget.
- The UPSC RT exam is factual, so don't delve into details or implications.
- The Return on Investment (ROI) for studying current affairs is generally low. Therefore, devote an appropriate amount of time to them while prioritizing other topics that have a higher ROI. For instance, studying 100 pages of current affairs may result in solving only 5 questions, while studying 100 pages of polity could yield 14-15 questions.
- A few questions will always be unsolvable, no matter how much you've studied. Don't get discouraged by them, as they won't affect your selection.
- Based on experience, you can expect to answer approximately 60-70% of question in exam, from these concise current affairs booklets.
- Current affairs for UPSC RT exams are purely factual, so self-study is better than coaching classes. In fact, coaching classes are counterproductive, as a teacher may only cover 10 events in 60 minutes, while you can cover 35-40 events in the same time frame.

Finally, note that these files are specifically prepared for RT exams of UPSC and should not be used for Civil Services Preliminary exam (GS Paper 1).

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72nd edition of National Book Award

The 72nd edition of the National Book Award was organized as a virtual event by the National Book Foundation. Jason Mott won the 2021 National Book Award for fiction for his novel "Hell of a Book", a narrative about a black author's adventure while travelling around in a book tour.

Book titled – The Story of the First Civilizations: From Mesopotamia to the Aztecs

Subhadra Sen Gupta has authored the book titled "The Story of the First Civilizations: From Mesopotamia to the Aztecs". This is the last book authored by Subhadra Sen Gupta and published posthumously by Talking Cub, an imprint of Speaking Tiger. The book is an informative book for Children, on the ancient civilizations around the world like Mesopotamia, Egypt, Indus Valley, Greece, Rome etc.

Book released: Pride, Prejudice and Punditry

Shashi Tharoor has authored the book titled 'Pride, Prejudice and Punditry'. The book was published by Aleph Book Company. There are 10 sections in this book, each devoted to a particular topic such as modern Indian history, Indian Politics etc.

Book Released: Bachelor Dad

Tushar Kapoor is the author of the book titled 'Bachelor Dad'. He has shared his journey of being a single father in the new book. The actor has shared his journey of the 'slightly unconventional road to fatherhood' in his debut book, Bachelor Dad.

Pictorial book on India's Women Unsung Heroes of Freedom Struggle

The Ministry of Culture has released a pictorial book on India's Women Unsung Heroes of Freedom Struggle as part of Azadi ka Mahotsav. The book has been released in partnership with Amar Chitra Katha.

Overall Ministry of Culture has decided to release pictorial books on 75 Unsung Heroes of the Freedom Struggle in partnership with Amar Chitra Katha. The second edition will be on 25 unsung Tribal Freedom Fighters which is under process and will take some time. The third and final edition will be of 30 unsung heroes drawn from other areas.

Book Released: Gandhi's Assassin: The Making of Nathuram Godse and His Idea of India

Dhirendra K. Jha has authored the book titled "Gandhi's Assassin: The Making of Nathuram Godse and His Idea of India". The book explores Godse's relationship with the organizations that influenced his view and gave him a sense of purpose and draws out the gradual hardening of Godse's resolve that led to Mahatma Gandhi's assassination.

Book Released: Fearless Governance

Dr. Kiran Bedi has authored the book titled 'Fearless Governance'. She is the former Lt. Governor of Puducherry and IPS (retd). This book is based on the ground realities of nearly 5 years of service of Dr. Bedi as Lt. Governor of Puducherry and her vast experience of 40 years in the Indian Police Service.

Book Released: Indomitable: A Working Woman's Notes on Life, Work and Leadership

The book titled "Indomitable: A Working Woman's Notes on Life, Work and Leadership" is an autobiography of Arundhati Bhattacharya. Arundhati Bhattacharya is a retired Indian banker and former first-ever woman Chairperson of the State Bank of India. Indomitable features the story of Arundhati Bhattacharya's life as a banker and the difficulties she faced in the male-dominated sector.

Book Released: Golden Boy Neeraj Chopra

Navdeep Singh Gill has authored the biography of the Tokyo Olympic Gold Medalist Neeraj Chopra titled "Golden Boy Neeraj Chopra".

Neeraj Chopra became the first Indian to win a gold medal in a track and field Olympic event. He became only the second Indian to win an individual Olympic gold after Abhinav Bindra. He hurled the javelin 87.58 metres to script history for India. He also received the Major Dhyan Chand Khel Ratna award and Padma Shree.

Book Released: How to Prevent the Next Pandemic

Bill Gates has authored the book titled "How to Prevent the Next Pandemic." In the book Bill Gates has written about specific steps that can only stop future pandemics but, in the process, provide better health care for everyone around the world. Bill Gates' last book "How to Avoid a Climate Disaster" was published in 2021.

Book Released: The Queen of Indian Pop: The Authorised Biography of Usha Uthup

Srishti Jha has authored the biography 'The Queen of Indian Pop: The Authorised Biography of Usha Uthup'. The book was originally written in Hindi titled "Ullas Ki Naav" by author Vikas Kumar Jha. "The Queen of Indian Pop: The Authorised Biography of Usha Uthup" is the English translation of the book, translated by the writer's daughter Srishti Jha.

Book Released: Monsoon

Abhay Kumar has authored the book-length poem titled 'Monsoon' published by the Sahitya Akademi.

Sahitya Akademi was established in March in 1954. Its logo was designed by Satyajit Ray himself and Pt. Jawaharlal Nehru was its first President. The first book published by the Academy was Bhagwan Buddha by D.D. Koshambi in 1956. It was a translation from Marathi into Hindi.

Book Released: Birsa Munda - Janjatiya Nayak

Ministry of Education has released a book on the life of tribal freedom fighter Birsa Munda. The book titled 'Birsa Munda - Janjatiya Nayak' is written by Prof Alok Chakrawal, Vice-Chancellor of Guru Ghasidas Vishwavidyalaya, Bilaspur. The book is a comprehensive attempt to bring to the fore the struggle of Bhagwan Birsa Munda and the contribution of forest dwellers in the freedom movement.

Birsa Munda, also known as Bhagwan Birsa Munda or *DhartiAaba*, was born in Munda tribe at Khunti district of Chotanagpur Plateau region (Jharkhand). He fought against the exploitation of local tribes from British and Zamindars, also known as Dikus or outsiders. He started a movement called 'Ulgulan', or 'The Great Tumult' against the exploitation and discrimination against tribals by the local authorities. It results into passing of Chotanagpur Tenancy (CNT) Act, 1908.

Birsa Munda started the faith of 'Birsait'. He wanted to reform the tribal society and so, he stressed on the importance of prayer, staying away from alcohol, having faith in God and observing a code of conduct. He died of cholera on June 9, 1900.

Books Released: Not Just A Nightwatchman – My Innings with BCCI

Vinod Rai has authored the book 'Not Just A Nightwatchman: My Innings with BCCI'. He was a chairman of the Committee of Administrators (CoA) formed by the Supreme Court for BCCI in 2017 for 33 months. Vinod Rai has also been appointed as Chairman and independent Non-Executive Director of Kalyan Jewellers.

Books Released: Tomb of Sand

Geetanjali Shree has authored the book 'Tomb of Sand'. This is the first Hindi novel to be shortlisted for the International Booker Prize. Daisy Rockwell has translated the book. The book explores the story of a woman who decided to confront her teenage trauma of India and Pakistan partition.

Books Released: Hear Yourself

Prem Rawat has authored the book 'Hear Yourself'. This is the New York Times bestseller book. This book assists people to understand their own potential and develop better self-understanding.

Books Released: The Boy Who Wrote a Constitution

Rajesh Talwar has authored the book 'The Boy Who Wrote a Constitution'. The book was released on the occasion of the 131st birth anniversary of Dr. B.R. Ambedkar written by Rajesh Talwar.

Book Released: Leaders, Politicians, Citizens: Fifty Figures Who Influenced India's Politics

Rasheed Kidwai has authored a book named – "Leaders, Politicians, Citizens: Fifty Figures Who Influenced India's Politics".

It is a story of 50 personalities who influenced India's political landscape. The book is published by Hachette India. The foreword of the book is written by Shashi Tharoor, Member of Parliament (Lok Sabha).

The 50 personalities featured in the book include – Teji Bachchan, Phoolan Devi, Indira Gandhi, Rajiv Gandhi, Jayalalithaa, APJ Abdul Kalam, and Karunanidhi among others.

Book Released: INDO-PAK WAR 1971- Reminiscences of Air Warriors

Defence Minister Shri. Rajnath Singh has released a book titled 'INDO-PAK WAR 1971- Reminiscences of Air Warriors'. The book, detailing gallantry award winners of the 1971 war, describes how key battles were fought and the Pakistan Army defeated.

Book Released: The Struggle for Police Reforms in India: Ruler's Police to People's Police

Vice President of India has released a book titled "The Struggle for Police Reforms in India: Ruler's Police to People's Police". This book is written by a former IPS officer, Prakash Singh.

Book Released: Modi@20 Dreams Meet Delivery

Vice President of India has released the book "Modi@20 Dreams Meet Delivery" in New Delhi. The book presents different facets of the distinct thought process, the pioneering, pro-active approach and the quintessential, transformational leadership style of Shri. Narendra Modi. The book is written by Sudha Murty, Sadhguru, Nandan Nilekani, Amish Tripathi, among others.

Book Released: Listen to Your Heart: The London Adventure

Ruskin Bond has authored a book titled "Listen to Your Heart: The London Adventure". The book is published by Penguin Random House India (PRHI) on Ruskin Bond's 88th birthday.

Book Released: The India Story

Former RBI Governor Bimal Jalan has written the book 'The India Story'. The book focuses on India's economic history and aims to provide lessons for the future of India's political economy. He traces India's economic policies from 1991 to 2019 to offer insights on learning from the past, before moving 'Beyond the Metrics of Economy' to talk about the role of governance in implementing these policies.

The author also authored the books 'India Then and Now', 'India Ahead' among others.

Book Released: Business of Sports: The Winning Formula for Success

The International Institute of Sports & Management (IISM) has launched India's first-ever book on Sports Marketing titled "Business of Sports: The Winning Formula for Success". The book is authored by noted Sports author Vinit Karnik.

Book Released: Loktantra ke Swar

Government has released a book 'Loktantra ke Swar' and 'The Republican Ethic' having selected speeches of the President of India Shri Ram Nath Kovind. This the fourth volume of the series featuring the fourth year of presidency of Shri Ram Nath Kovind. The compilation contains speeches on a wide range of subjects.

Book Released: Bhartiya Samvidhan - Ankahi Kahani

Prime Minister has launched a book 'Bhartiya Samvidhan: Ankahi Kahani'. The author of the book is Ram Bahadur Rai.

Book Released: Mind Master - Winning Lessons from a Champion's Life

Journalist Susan Ninan has written the world chess champion Viswanathan Anand memoir "Mind Master: Winning Lessons from a Champion's Life".

Book Released: Swadhinta Sangram na 75 Shoorveero

Union Minister Smt. Meenakshi Lekhi has launched the book the titled, "Swadhinta Sangram na 75 Shoorveero" in Gujarati. This book is a page-long summary of 75 freedom fighters of India like – Tirupur Kumaran from Tamil Nadu who saved the Flag.

Book Released: BEYOND THE MISTY EVIL

Aradhana Johri, Senior IAS, has written the book "BEYOND THE MISTY VEIL", Temple Tales of Uttarakhand. This book will be known as an authentic introduction to the divine temples of Uttarakhand in the country and abroad. Former IAS officer Aradhana Johri who had served earlier as the District Magistrate of Nainital.

Book Released: India's Economy From Nehru To Modi: A Brief History

A new book named 'India's Economy From Nehru To Modi: A Brief History' was released. It is written by Pulapre Balakrishnan. The book is about India's economic progress.

Book Released: Divorce and Democracy: A History of Personal Law in Post-Independence India

Saumya Saxena has authored a book titled 'Divorce and Democracy: A History of Personal Law in Post-Independence India'. This book is published by the Cambridge University Press.

Saumya Saxena is a British Academy Postdoctoral Fellow at the University of Cambridge and a Postdoctoral Associate at Jesus College, Cambridge. She is a legal historian interested in family law, religion, and gender politics in India.

Personal laws regulate marriage, divorce, maintenance, inheritance and succession for Indian citizens. These laws are largely influenced by religious customs of different communities.

Book Released: Science Behind Surva Namaskar

Dr. Munjpara Mahendrabhai Kalubhai has authored a book titled – "Science Behind Surya Namaskar". The book is a collection of evidence-based research and has been assembled by the All-India Institute of Ayurveda (AIIA).

Surya Namaskar is an exercise involving a sequence of 8 asanas in Yoga. It is performed in 12 steps.

Book Released: Ambedkar and Modi: Reformer's Ideas Performer's Implementation"

Former President of India Ram Nath Kovind has released a book titled "Ambedkar and Modi: Reformer's Ideas Performer's Implementation". The book illustrates life, works and achievements of Dr. Ambedkar. It presents a convergence between the ideals of Dr. B.R. Ambedkar and New India's development journey. Focus has been laid on infrastructure, education, socio-economic mobility, gender equality, self-reliance in the twelve chapters of the book.

Book Released: She Is-Women in STEAM

Principal Scientific Adviser to the Government of India, Prof. Ajay Sood, and the British High Commissioner Alex Ellis has unveiled the book titled – "She Is–Women" in STEAM authored by ElsaMarie D'Silva and Supreet K Singh. The Book is a collaborative project of The Office of the Principal Scientific Advisor to the Government of India in partnership with Red Dot Foundation, British High Commission, and Federation of Indian Chambers of Commerce and Industry (FICCI) FLO. The aim of the book series is to showcase more women role models for youth, make visible the leadership of women and generate interest in the Sustainable Development Goals (SDGs).

Ira Pande translated – 'Lata: Sur-Gatha' – in English

Ira Pande, noted writer and translator, has translated "Lata: A Life in Music" in English, originally written in Hindi by writer-poet Yatindra Mishra. The book has won the 64th National Film Award and the MAMI Award for Best Writing on Cinema (2016–17).

Known as the Queen of melody, *Lata Mangeshkar* started training in singing at the age of 5. She began her career as a singer in 1942 and has been credited to have sung 25,000 songs in as many as 36 Indian languages including Hindi, Marathi, Tamil, Kannada, Bengali and others over a period of 7 decades. She was born in Indore in September 1929 and passed away in Mumbai in February 2022.

Book Released: Pandemic Disruptions and Odisha's Lessons in Governance

Rajya Sabha MP Amar Patnaik has written a book titled - 'Pandemic Disruptions and Odisha's Lessons in Governance'. The book is a culmination of the various essays on pertinent contemporary issues that emerged in India during the pandemic years of 2020-21 and 2021-2022.

Book Released: "De la Nucléarisation de l'Asie" (Nuclearization of Asia)

French Author Rene Naba has written a new bilingual book in both French and English titled "De la Nucléarisation de l'Asie" (Nuclearization of Asia). The book discusses the nuclear emergency and threat posed by the nexus of Pakistan and China.

Book Released: The Light We Carry

The book "The Light We Carry" is written by Michelle Obama. This book is a collection of practices and perspectives to deal with challenging times. The book will be published simultaneously in 14 languages and 27 countries around the world. Her last work "*Becoming*" was one of the best-selling books of all time, that was released in 2018.

Book Released: India: The Mother of Democracy

Minister of Education & Skill Development Shri. Dharmendra Pradhan has released the book 'India: The Mother of Democracy' prepared and published by Indian Council of Historical Research (ICHR) in New Delhi. The book is an attempt to showcase the democratic ethos ingrained in India since the dawn of civilisation.

Book Released: E.K. Janaki Ammal: Life and Scientific Contributions

E.K. Janaki Ammal: Life and Scientific Contributions was written by Nirmala James.

In this book Ms. James describes how Dr. Janaki Ammal fulfilled her professional dreams, in spite of the gender and caste (she is hailed from a Thiyya family) barriers of her time. E. K. Janaki Ammal is the Kerala-born Scientist often described as India's first woman Botanist.

Book Released: Nalanada – Until we meet again

Gautaam Borah, a senior management professional and the author of the widely acclaimed book 'Monetising Innovation', has launched his new book 'Nalanada – Until we meet again'. The book was launched by legendary writer Ruskin Bond.

Ruskin Bond is an Indian author of British descent, who is well known for his contributions to children's literature and English literature in India. He was born in 1934, in Kasauli, Himachal Pradesh, India. Some of his well-known works include "The Blue Umbrella," "Room on the Roof," "The Night Train at Deoli," and "A Flight of Pigeons."

Ruskin Bond has received numerous awards for his work, including the Sahitya Akademi Award, the Padma Shri, and the Padma Bhushan.

Book Released: The Chipko Movement: A People's History

"The Chipko Movement: A People's History" by Shekhar Pathak (translated from Hindi by Manisha Chaudhry) has won the Rs 15 lakh Kamaladevi Chattopadhyay NIF Book Prize 2022. The award, in its fifth edition, was instituted by the New India Foundation in 2018 to recognizes powerful works of non-fiction about contemporary India.

Book Released: Miracles of Face Yoga

Mansi Gulati has authored a book titled - 'Miracles of Face Yoga'. Mansi Gulati is the founder of 'Manasvani'.

Mansi Gulati, an international Yogi, celebrated author, and thought leader, devoted her efforts to learning everything possible about Yoga practices and philosophy.

Book Released: Forks in the Road: My Days at RBI and Beyond

Former Governor of RBI C. Rangarajan has written a book titled – "Forks in the Road: My Days at RBI and Beyond". He was the also the Chairman of the Drafting Committee of the 8th Five Year Plan (1992-97) that spelt out the transition from planned to a market-led economy.